

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Chip shop sausage with tomato gravy with creamy mash potatoes	meat pie with new potatoes	Roast pork with gravy, apple sauce and roast potatoes	Chicken on a bun with Cajun tortilla chips	Fish of the day with chips
VEGETARIAN MAIN DISH	Quorn sausages in herby gravy	Cajun quorn wraps	Cauliflower and broccoli bake with roast potatoes	Fish finger wraps with Cajun tortilla chips	Homemade pizza
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Lemon drizzle cake	Double choc cookie	Homemade flapjack	Fruit and jelly topped with ice cream	Shortbread biscuits and mandarins
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Quench your thirst with free fresh drinking water available daily



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION