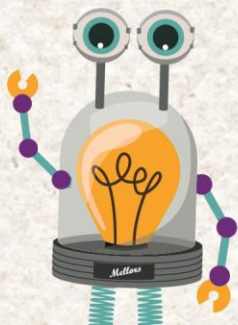


WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	Meatballs in gravy with mashed potato	Pork korma curry with rice	Roast gammon with pineapple and roast potatoes	sausages in tomato pasta bake	Fish of the day with chips
VEGETARIAN MAIN DISH	Vegetarian shepherd's pie	Vegetable curry with rice	Quorn fillet and roast potatoes	Quorn chilli with a jacket potato	Homemade pizza with chips
ACCOMPANIMENTS	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar	Seasonal vegetables Salad bar
DESSERTS	Mandarins and ice cream	Chocolate crunch	Cherry shortbread	Oat cookie	Artic roll served with peaches
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection	Jacket potato and sandwich selection



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION